

Class Descriptions

Ballet: Focusing on strength, flexibility, discipline, endurance, and poise in a structured atmosphere. Students will learn ballet terminology that is taught in French. A blend of French, Italian and Russian methods are used. Emphasis on enhancing each dancer's creativity and self-expression.

Pointe: Instructor approval only. Additional class requirement; Ballet and/or Ballet Tech. With a strong foundation of technique and a full understanding of barre work, combinations, and terminology, this class concentrates specifically on pointe work.

Jazz: The base technique work coming from ballet, jazz is an energetic and fun style of dance! Dancer's will develop ability to move quick, think fast, improve flexibility and musicality. Leap, turns, kicks and combinations will be learned. Age appropriate music

Hip Hop: Gliding, popping, locking isolated movements, loose, and free-style. The class is electric, versatile, creative, and funky! Dancers will gain a sense of individuality in style and originality.

Lyrical/Contemporary: Dancers will use their body movements to express the words of a song. Music selection is a slow pop, alternative, R&B or country, A form of dance that is ballet and jazz based using emotion and creative expression. Dancers will increase their balance, posies, flexibility, leaps and turns.

Tap: It's all about rhythm! Students will learn how to make music with their feet. Concentrating on basic fundamentals, clarity of sounds, agility, rhythmic patterns and keeping unison with other dancers. A variety of styles are incorporated and each dancer is encouraged to be creative with their own style

Danceline/Highkick: A fast paced, high energy style of dance. Dancers will learn kicks, spits, leaps and turns. Formations are used frequently and stressed to be done in unison to work as a team. Dancers will do highkick combinations along with jazz funk routines. Competition high school style of routines will be taught in the class.

Class Options

Recreational Classes

Mom and Me Creative Dance Class: Ages 18 Months-2.5 years. 30 minute class. Class meets once a week. Dancers are introduced to dance with their mom by learning basic, creative and playful body movements. Emphasis on putting movement to music, following direction, and social skills. Ballet is introduced on a very basic level. Dancers will not perform in the annual dance recital.

Pre-Dance: Ages 2 ½ -4. 45 minute class. Class meets once a week. Dancers are introduced to dance by learning basic, creative and playful body movements. Emphasis on putting movement to music, following direction, and social skills. Ballet and tap are introduced on a basic level. Dancers perform a ballet and a tap dance in the annual dance recital.

Ballet/Tap/Jazz: Ages 5-6, 6-8 or 7-11. 1 hour class. Meets once a week. Dancers will enjoy this interactive class. All styles include technique in ballet, tap and jazz. Dancers will learn movements across-the-floor and mini dance routines throughout the season. Dancers will perform a ballet, tap and a jazz dance in the annual dance recital.

Ballet/Tap: 7-11 or 11-14. 1 hour class. Meets once a week. This class will focus on technical styles in ballet and tap. Dancers will learn movements across-the-floor and mini dance routines throughout the season. Dancers will perform a ballet and tap dance in the annual dance recital.

Ballet/Jazz: Ages 5-6, 6-8 or 7-11. 1 hour class. Meets once a week. Dancers will enjoy this interactive class. Styles include technique in ballet and jazz. Dancers will learn movements across-the-floor and mini dance routines throughout the season. Dancers will perform a ballet and a jazz dance in the annual dance recital.

Tap/Jazz: Ages 11-14 and Adult. 1 hour class. Meets once a week. Designed for the energetic dancer. Class focusing on rhythm and quick movements. Fundamentals will be taught in jazz and tap technique. Dancers will perform a tap and a jazz dance in the annual dance recital.

Jazz/Lyrical: Ages 7-11, 11-14 and 12-Adult. 1 hour class. Meets once a week. This class will focus on technical styles in jazz and lyrical. Dancers will learn movements across-the-floor and mini dance routines throughout the season in both styles separate and combined. Dancers will perform a jazz and a lyrical dance in the annual dance recital.

Ballet: Ages 5-19. Class time varies upon age and level, see weekly class schedule. Class meets once a week. Students in ballet class will perform in the annual ballet production during the annual dance recital.

Ballet Barre: Ages Adult. Meets once a week. This is a non-recital class.

Pointe: Class time varies upon age and level, see weekly class schedule. Class meets once a week. Students in pointe class will perform in the annual ballet production during the annual dance recital.

Hip Hop: Ages 6-Adult. 30 min. class for ages 6-8, 45 min. class for ages 7-19, 1 hour class for Adults. Meets once a week. Students will perform 1 dance in the annual dance recital.

Lyrical: Ages 7-11. 45 min. class. Meets once a week. Students will perform 1 dance in the annual dance recital.

Lyrical/Contemporary: Ages 11-19. 1 hour class. Meets once a week. Dancers will perform 1 dance in the annual dance recital.